



MEN'S STYLE

Men who Struggle with Stubble Get Beard Transplants

By [Jessica Schirripa](#) | July 7, 2014

Within the past few months, beard transplants have gone viral. For men who want to fill in patches, or start from scratch, beard transplants are as common as going for a yearly checkup. Whether talking about the Brooklyn hipster or the executive, facial hair is the look to have.

In this trending procedure, hair is relocated from the back of the head to the transplant area. The hair is then planted to accomplish the look the patient wants. After the procedure, the beard will continue to grow.

Men are attracted to the beard transplant fad because it offers a means to achieve a full, more groomed beard. For many men, growing a beard is a sign of masculinity. It is often associated with the difference between a boy and a man. Depending on the individual, a beard can express different characteristics. For example, for the hipster a beard may be an expression of their rugged, artistic personality. For the executive, a beard can be a sign of power, or the representation as a man who can fulfill his power position.

On the biological front, genetics determine the amount and thickness of a man's facial hair, and hormones may affect facial hair growth. Scars, due to acne or trauma, tend to prevent the development of facial hair.

It is for these reasons many men are jumping at the chance to have a plastic surgeon restore their manhood with a full beard. There are other, more internal, reasons as to why many men seek beard transplants as well. For men who struggle to grow facial hair, it's common to feel incompetent or to lack confidence. Beard transplants serve as a simple solution to boost the male self-esteem.

Plastic Surgeons, such as [Dr. Yael Halaas](#), believe that beard transplants offer a simple solution for men who struggle to grow a beard. With the expertise of hair transplant doctors, men will never have to go with an unwanted bare face.

More About Dr. Yael Halaas, MD, FACS

Dr. Yael Halaas is a true professional hair transplant doctor. With over 10 years' experience of fine tuning her artistic approach to both FUG and FUE hair transplant surgery, Dr. Halaas has been featured on Telemundo, ABC and Fox News, amongst others. Having been featured in US Weekly and Men's Fitness, Dr. Halaas has gained international praise and exposure for her hair work, but it is her individualized and personalized patient care that solidifies her position as one of the top hair transplant surgeons in the United States.