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Re: Gly-sal pads replace the need for a toner, made with a combination of glycolic and salicylic acids to maintain the skin's glow between monthly peels and control acne breakouts.

Q: What are some warning signs of early sun damage?

A: A freckle or a brown spot that doesn't fade when the vacation or summer is over. Textural changes in the skin (getting small rough spots) are also a sign of early sun damage.

Q: What do you recommend for eliminating sunspots?

A: Ideally you want to prevent, but for treatments you can use a bleaching cream or microdermabrasion (resurfacing of the skin will diminish the appearance). Microdermabrasion is typically the best way to properly and effectively get rid of sunspots.

Q: What are the benefits of chemical peels versus laser resurfacing?

A: After winter, polish off the old skin by getting a superficial chemical peel and then moisturize. Lasers can be used like chemical peels to resurface the skin, but depending on their wavelength, they can have many other uses, such as hair removal, brown spots, vascular lesions (red spots), and non-resurfacing skin rejuvenation.

Q: How can we prevent crow's feet?

A: With increased sun exposure and brighter light we want to protect our eyes so therefore we squint. It's like repeatedly sitting down in a linen suit, if you do it over and over you are going to cause permanent wrinkles. It's like that when we squint over and over again to protect our eyes. Using sunglasses is a great and easy way to help prevent the squinting and save yourself from crows feet. Unfortunately there is no evidence that creams can effectively get rid of crow's feet or wrinkles. —*Danika Salkow*